MARY CLEARY MEMORIAL 5K RUN & WALK

SATURDAY, SEPTEMBER 19, 2009

To Benefit the American Cancer Society

www.cruisinintowaterville.com

OFFICIAL

WARM UP RACE FOR FALLING LEAVES

ROUTE 20 ROAD CHALLENGE 2009

Schedule: 8:30 a.m. Runners and Walkers
9:45 a.m. Awards Ceremony

Course: The course will start at the Firemen's Pavilion and finish in front of the Waterville Public Library, 206 White St., Waterville.

Entry Fee: $20 if postmarked by September 11; $25 race morning registrants beginning at 6:30 a.m. and ending at 7:30 a.m. **(Donations to American Cancer Society may be recorded on back of race application. Entrants collecting total donations of $100-$199, receive a t-shirt; total donations of $200 or more, receive a sweatshirt.)**

Awards: Age-group awards to the top three males and top three females in each of the following age groups: under 15, 15-19, 20-24, and then 5-year age groups as high as needed.

Packet Pick-up: 6:30 a.m. – 7:30 a.m. on Saturday, September 19th at the Firemen's Pavilion (parking available at the Library and behind the pavilion).

Questions: E-mail marycleary5k@aol.com or call Richard Zweifel (315) 841-8918.

Roller skates, roller blades, baby joggers, bicycles, skateboards, radio headsets and animals present hazards to runners and walkers and are strictly prohibited on the course.

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Please make your check payable to: **Cruisin Into Waterville**
Mail to: **Richard Zweifel, 7829 Shanley Rd., Waterville, NY 13480**

5K Run _____ **5K Walk** _____

Last Name **First Name** **Sex** **Age as of 9/19/09**

Street Address **City** **State** **Zip**

Phone **E-mail** **T-shirt size:** **S** **M** **L** **XL**
(for first 75 entrants)

Release: Running and walking in a race requires mental and physical preparation. I agree that I should not run or walk in this event unless I am properly trained. I agree to abide by the decision of a race official relative to my ability to safely complete the race. I assume all hazards associated with participating in this race, including falls, contact with others, the effects of the weather, including high heat and humidity, traffic and the conditions of the road, all such risks known and appreciated. Having read this waiver and understanding these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Village of Waterville, Towns of Marshall and Sangerfield, and all sponsors, organizers, and successors from all claims or liabilities of any kind arising out of my participation in the event.

Signature: _____ Date: _____
(Parent's or Guardian's signature if 17 years of age or younger)

NAME	ADDRESS	DONATION AMOUNT